

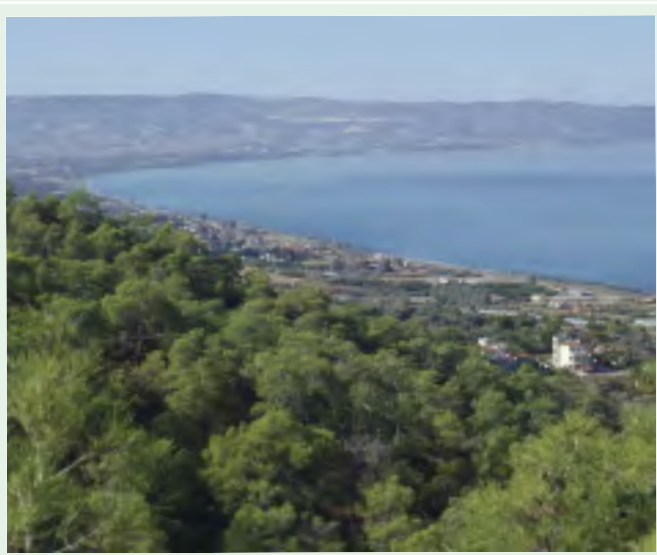
The Nature Trail “**Symvoulas**” is found in Yialia valley in Paphos Forest. It has starting point the square of Nea Dimmata village, crosses the state forest to the streamlet of “**Symvoulas**”, passes from the localities Mavres - Pervoli and it leads to the community of Pomos. This way has length 11.0 kilometers and is **not** circular.

The way of the trail is changed in circular and the wayfarers can leave figurative in the square of the village Nea Dimmata village, follow the course with return in the starting line, following from Pomos village the avlaki “street”, crossing Symvoulas streamlet in the down part with moreover distance 6.0 kilometers. In this case the total length of path is increased in 17.0 kilometers. The time that needs somebody in order to walk this path is 3 -5 hours depending on the way that it will select.

For the name of path of study of nature “ **Symvoulas** “, exist two versions:

- The first version is related with the logging of pines for the manufacture of martial boat from the government owned forest of region, in the years of Alexander the Great (356-323 B.C) that brought the name **Symvoulas**.
- The second version is reported once again in the years of Alexander the Great, and that on an elevation in the region had been set up a shed in which they assembled their meetings and called them in Greek “**Symvulia**”.

Along the trail the visitor has the possibility to have a bird's eye view, with background the Paphos Forest and the peninsula of Akama from the one and from the other the blue waters of Chrysochou gulf and small harbour of Pomos.



The variety of vegetation is exceptional. At length of the trail there are numbered plates that correspond in the numbers and the texts that are given below. Studying them the visitor has the opportunity to know the main trees and plants of this forest region.

1. Traditional oven for the preparation of bread and food.
2. **Eucalyptus camaldulensis**, Eucalypt: Evergreen tree up to 30 m high. Exotic to Cyprus.
3. **Acacia saligna**, Wattle: Evergreen shrub or tree about 3-5 m high. Very invasive exotic species.
4. **Cupressus sempervirens**, Cypress: Evergreen tree up to 30 m high. Characteristic tree of the Mediterranean region (0 – 1400m alt.)
5. **Punica granatum**, Pomegranate: Deciduous, small tree up to 7m high. It is cultivated for its edible fruit.
6. **Pinus brutia** – Calabrian pine: The main forest tree of Cyprus, grows up to 25(40)m high, found from sea level up to 1400m alt.
7. Artificial reforestation.
8. View point: Panoramic view of Chrysochou gulf, Paphos Forest and Akamas Peninsula.
9. Fire brake.
10. **Rhamnus oleoides** subsp. *graecus*- Bukthorn: Semi-evergreen, thorny shrub up to 2,5m high. Indigenous plant of Cyprus growing on rocky mountainsides, shrublands and Pine forests (0- 1000m alt.).
11. **Helichrysum conglobatum**- Everlasting: Indigenous subshrub up to 80cm high. Widely distributed on the island (0 – 700m alt.).
12. **Capparis spinosa var. canescens**- Caper: Indigenous, much branched, spiny shrub up to 1, 5m high. Grows on rocky slopes, field margins, maquis and garigue forests (0-900m alt.).
13. **Asperula cyprica**- Cyprus Woodruff: Very common endemic of Cyprus, small subshrub, up to 60 cm high, occurring at Akamas, Troodos and Pentadactylos mountain ranges (100 – 1200m alt.).
14. **Origanum dubium**- Origan: Aromatic shrub up to 100cm high. Indigenous to Cyprus, growing on rocky places, maquis, garigue and pine forests (200 – 1000m alt.).
15. **Pteridium aquilinum**- Bracken: Herb up to 1.5m high, very common fern growing on streams and moist places.
16. **Alnus orientalis**- Oriental Alder: Deciduous tree up to 20m high. Indigenous of Cyprus, found along rivers and streams (0- 1550m alt.).
17. **Genista sphacelata subsp. sphacelata**- Thorny Gorse: Spiny shrub up to 3m high .It is a common species of maquis.
18. **Calycotome villosa**- Thorny Broom: Spiny shrub up to 2m high. It is a common indigenous species of maquis vegetation (0-1000m alt.).

19. **Crataegus azarolus**- Mediterranean Hawthorn: Deciduous small tree up to 10 m high, with branches armed with rigid strong spines. Common indigenous found almost everywhere (0- 1500m alt.).
20. Stand of pine trees.
21. **Inula viscosa**- Fleabane: Viscid -glutinous, aromatic subshrub up to 1,5m high, with many erect stems. Very common indigenous species, found usually on disturbed ground, along roadsides, in moist places, along rivers and streams (0- 1500m alt.).
22. Forest cairn : Boundary forest sign.
23. **Olea europaea**- Olive tree: Evergreen tree up to 15m high. Native of Cyprus, growing in the wild in many areas (0-1000m alt.)Widely cultivated all over the island, for its fruit and the precious olive oil.
24. **Rubus sanctus**- Bramble: Prickly shrub up to 2m high. Common indigenous species growing in moist places, in almost every part of the island (0 -1550m alt.).
25. **Ficus carica**- Common Fig Tree: Deciduous tree or shrub 4-6m high. Wild plants are commonly found in moist rocky sites and close to streams. There are many varieties in Cyprus cultivated for their fruits (figs).
26. **Cistus creticus subsp. creticus**- Rock-Rose: Evergreen shrub up to 1,5m high. Very common indigenous species in Cyprus, growing on rocky slopes, in forests and shrublands (0 – 1800m alt.).
27. **Sarcopoterium spinosum**- Spiny Burnet: Small shrub up to 40cm, with branches terminating in slender, sharp spines. An indigenous species, occurring in garigue and impoverished areas, very common in most parts of the island (0- 1250m alt.).
28. **Ceratonia siliqua**- Carob Tree: Evergreen tree up to 10m high. Indigenous to Cyprus, mostly a constituent of maquis forests (0- 600m alt.) as wild and up to 1000m when cultivated.
29. **Prunus dulcis**- Almond Tree: Deciduous shrub or small tree up to 8m high. Cultivated in Cyprus for its fruits (0-1500m alt.).
30. **Morus alba**- White Mulberry: Deciduous tree up to 15m high. Very commonly cultivated on the island (0- 1400m alt.). In the past, it was grown as a source of food for silkworms and various domestic animals.
31. **Vitex agnus-castus**- Chaste Tree: Deciduous aromatic shrub 1-3m high. It is an indigenous species, locally common in moist places (0-650m alt.).
32. **Ceratonia siliqua**- Carob Tree: Evergreen tree up to 10m high. Indigenous to Cyprus, mostly a constituent of maquis forests (0- 600m alt.) as wild and up to 1000m when cultivated.

33. **Pistacia terebinthus**- Terebinth: Deciduous shrub or tree up to 6m high. Indigenous to Cyprus, common on rocky mountain sides and in pine forests, maquis and garigue (0 -1500m alt.).
34. **Opuntia ficus-barbarica**- Barbary Fig: Robust shrub up to 5m high .Adventive to Cyprus, grows in hedges, field margins, almost all over the island (0-700m alt.). It is cultivated for its edible fruits.
35. Phrygana vegetation: Small shrub vegetation.
36. **Rubus sanctus**- Bramble: Prickly shrub up to 2m high. Common indigenous species growing in moist places, in almost every part of the island (0 -1550m alt.).
37. **Helichrysum conglobatum**- Everlasting: Indigenous subshrub up to 80cm high. Widely distributed on the island (0 – 700m alt.).
38. **Styrax officinalis**- Storax: Deciduous shrub or tree up to 6m high. Plant of the Mediterranean region. Locally common in Cyprus (0-1300m alt.)
39. **Nerium oleander**- Oleander: Evergreen shrub up to 4m high. It is found usually along river sites.
40. Forest cairn: Forest boundary sign.
41. **Capparis spinosa var.canescens**- Caper: Indigenous, much branched, spiny shrub up to 1,5m high. Grows on rocky slopes, field margins, maquis and garigue forests (0-900m alt.).
42. **Thymus capitatus**- Wild Thyme: Perennial, small, aromatic shrub up to 40cm high. Indigenous to Cyprus, very common on rocky slopes, in shrublands and forests (0-900m alt.)
43. **Myrtus communis**- Common Myrtle: Evergreen shrub up to 3m high. Indigenous to Cyprus, found along river banks, streams and in moist places (0-1500m alt.)
44. **Pistacia lentiscus**- Lentisk: Evergreen, aromatic, resiniferous shrub or small tree up to 4m high. Indigenous to Cyprus, very common in rocky places, sand dunes and pine forests. Characteristic species in maquis forests (0-800m alt.)
45. **Pinus brutia**- Calabrian Pine: The main forest tree of Cyprus. Evergreen, coniferous, resinous tree up to 25(-40)m high, found from sea level up to 1400m alt.
46. **Lithodora hispidula subsp.versicolor**- Gromwell: Evergreen, much- branched shrub, 0,8- 1,3m high. Indigenous in Cyprus, very common in areas with garigue vegetation or open forest (0- 1000m alt.)
47. **Genista spacelata subsp. sphacelata** - Thorny Gorse: Spiny shrub up to 3m high. Very common species of maquis forests (0- 1000m alt.)
48. Old irrigation system.

Please keep in mind the following:

- Lighting of fire is prohibited.
- Avoid smoking or eating during your walk.
- Remember that you are in a place that is residence for birds and wild life.
- Avoid cutting plants or engraving the bark of trees.
- Respect the natural environment.
- If you see smoke or fire near the forest, please call immediately 1407 (24 hours, free of charge)

Other information:

For any information, comments or suggestions do not hesitate to conduct us.

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ΜΟΝΟΠΑΤΙ ΜΕΛΕΤΗΣ ΤΗΣ ΦΥΣΗΣ "ΣΥΜΒΟΥΛΑΣ"
"SYMVOULAS" NATURE TRAIL



Nature trail "Symvoulas"



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